

## Multi-Tiered System of Supports

Springwood's MTSS team is here to help, virtually—

To support academic, social, emotional, and behavioral success for all students!

### Guidance Counselor

Rebecca Wert  
wertr@leonschools.net

### School Psychologist

Rebekka Istrail  
istrailr@leonschools.net  
850-561-8921

### School Social Worker

Mara Shows  
showsm@leonschools.net  
850-561-8941

### ESE Program Specialists: Compliance

Camille Norris  
norrisc@leonschools.net;  
Holly Vida  
vidah@leonschools.net

### ESE Program Specialist: Behavior

Theadora Carr  
carrt@leonschools.net

### Our MTSS team can help to provide supports in these areas:

- Problem-solving with teachers and families to provide academic and/or behavior support
- Constructing an effective at-home learning environment
- Connecting families to available community resources
- Social skills instruction and support
- Individual/group counseling

### To schedule a phone consultation with the school psychologist:

<https://www.signupgenius.com/go/20f084ca5a822a2f49-consultation>

### To sign up for New Horizons counseling through DISC Village, an LCS partner organization:

DISC Village Virtual Services

<https://www.leonschools.net/Page/41523>

Read and scroll down to the DISC Village website link, and click on it. You then click “schedule a virtual session,” then “health and wellness school services,” then find Springwood (the Springwood-assigned provider is Kristy Hogan), then schedule. Once scheduled, the counselor will get a virtual consent form over to the parents and then sessions can begin.

**Want some support, but not sure where to start?** Speak with your child's teacher.

They can consult with guidance counselor Rebecca Wert,  
who will find the right person to reach out to you.